

Intent

At Phoenix Community Primary School, our Physical Education (PE) curriculum is designed to inspire all pupils to develop a lifelong love of physical activity. We aim to provide a high-quality, engaging, and inclusive program that encourages all children to succeed and excel in competitive sports and physically demanding activities. Through our curriculum, we promote fitness, well-being, and the development of key life skills such as resilience, teamwork, and perseverance.

We offer opportunities for all students to participate in intra-house sporting events each term, as well as inter-school competitions in a variety of sports. PE at Phoenix fosters an understanding of the importance of a healthy lifestyle, including regular exercise, a balanced diet, and a positive growth mindset. We are passionate about instilling values of fairness, cooperation, and collaboration, ensuring that our pupils are well-prepared for lifelong participation in physical activity and sport.

Implementation

Pupils at Phoenix Community Primary School engage in high-quality PE lessons every week, incorporating a diverse range of sports and physical activities. Our curriculum is structured to help children develop confidence, tolerance, and an appreciation of their own and others' strengths and areas for improvement.

To enhance our provision, we offer extra-curricular activities both during and after school, giving all pupils the chance to extend their learning and participate in additional sporting opportunities. We work closely with Team Theme Sports Coaches to ensure the delivery of engaging and effective PE lessons. This inclusive approach fosters not only physical development but also supports pupils' overall well-being.

Impact

We recognise that children have varying physical abilities and learning needs. To ensure all pupils benefit from our PE curriculum, we differentiate activities to match their abilities, helping to raise fitness levels, improve skills, and cultivate resilience, collaboration, and self-reflection.

Assessment is integral to our approach, utilising tools such as Seesaw, yearly questionnaires (completed by both pupils and staff), and direct pupil feedback to evaluate lesson quality and teaching confidence. Through this continuous reflection and improvement, we enhance the overall enjoyment and effectiveness of PE at Phoenix, ensuring that all children develop a positive attitude towards physical activity and its lifelong benefits.