

Personal, Social, Health, Economic (including RSE and RHE)

	Term 1 Being me in my World	Term 2 Celebrating Differences	Term 3 Dreams and Goals	Term 4 Healthy Me	Term 5 Relationships	Term 6 Changing Me
Penguins EYFS	Who... me? How am I feeling today? Being at school? Gentle Hands Our Rights Our responsibilities	What am I good at? I'm Special, I'm Me! Families Homes Making Friends Standing up for yourself	Challenge Never give up Setting a goal Obstacles and Support Flight to the Future Footprint awards	Everybody's Body We like to move it, move it! Food Glorious Food Sweet Dreams Keeping Clean Safe Adults	My Family and Me! Making Friends Falling Out Being the Best Friends we can be	My Body Respecting my Body Growing up Fun and Fear Celebrations
Pelican 1	Special and Safe My Class Rights and Responsibilities Rewards and feeling proud Consequences Owning our Learning Charter	The same as... Different from... What is bullying? What do I do about bullying? Making new friends Celebrating differences - being me!	Success Steps to goals Achieve together Stretchy learning Overcoming Obstacles Celebrating my Success	Being Healthy Healthy Choices Clean and Healthy Medicine Safety Road Safety Happy, healthy me	Families Making Friends Greetings People who help us Being my own best friend Celebrating my special relationships	Lifecycles Changing Me My Changing Body Boys and Girls Bodies Learning and Growing Coping with Changes
Parrots 2	Hopes and Fears Rights and Responsibilities rewards and Consequences Our Learning Charter Owning our Learning Charter	Stereotypes Why does Bullying Happen Standing up for Myself Diversity Celebrating Differences and still being Friends	GOals to Success My learning Strength Learning with Others A Group Challenge Celebrating our Achievement	Being Healthy Being relaxed Medicine Safety Healthy Eating Happy Healthy Me!	Families Keeping Safe Friends and Conflict Secrets Trust and Appreciation Celebrating my special relationships	Life Cycles in Nature Growing from Young to Old Teh Changing Me Boys' and Girls' bodies Assertiveness Looking Ahead
Robins 3	Getting to Know Each Other Our Nightmare School Our Dream School	Families Family Conflict Witness and Feelings Witness and Solutions Words that Harm	Dreams and Goals My Dreams and Ambitions A New Challenge Our New Challenge	Being Fit and Healthy What do I do about Drugs Being Safe Safe or Unsafe?	Family Roles and Responsibilities Friendship Keeping Myself Safe Online	How Babies Grow Babies Outside Body Changes Inside Body Changes Family Stereotypes

	Rewards and Consequences Our Learning Charter Owning our Learning Charter	Celebrating Difference: Compliments	Overcoming Obstacles Celebrating My Learning	My Amazing Body	Being a Global Citizen Celebrating my Web of Relationships	Looking Ahead
Ravens 4	Becoming a Class Team Being a School Citizen Rights, Responsibility and Democracy Rewards and Consequences Our Learning Charter Owning our Learning Charter	Judging by Appearance Understanding Influences Understanding Bullying Problem Solving Special Me Celebrating Differences: How we look	Hopes and Dreams Broken Dreams Overcoming Disappointment Creating New Dreams Achieving Goals We did it!	My Friends and Me Group Dynamics Smoking Alcohol Healthy Friendships Celebrating My Inner Strength	Jealousy Love and Loss Memories Getting on and Falling Out Girlfriends and Boyfriends Celebrating My Relationships	Unique Me Having a Baby Girls and Puberty Circles of Change Accepting Change Looking Ahead
Flamingos 5	My Year Ahead Being a Citizen of my Country Responsibilities Rewards and Consequences Our Learning Charter Owning our Learning Charter	Different Cultures Racism Rumours and Name Calling Types of Bullying Does Money Matter? Celebrating Differences: Across the World	When I Grow Up Investigate Jobs and Careers My Dream Job Dreams and Goals How can we Support Each Other? Rallying Support	Smoking Alcohol Emergency First Aid Body Image My Relationship with Food Healthy Me	Recognising me Safety with Online Communities Being in a Online Community Online Gaming My Relationship - technology Staying Safe and Happy Online	Self Image Puberty for Girls Puberty for Boys Conception Looking Ahead
Eagles 6	My Year Ahead Being a Global Citizen The Learning Charter Our Learning Charter Owning our Learning Charter	Am I Normal? Understanding Differences Power Struggles Why Bully? Celebrating Differences	Personal Learning Goals Steps to Success My Dreams for My World Helping to Make a Difference Recognising our Achievements	Taking Responsibility Drugs Exploitation Gangs Emotional and Mental Health Managing Stress and Pressure	What is Mental Health? My Mental Health Love and Loss Power and Control Being Online Using Technology Responsibly	My Self Image Puberty Babies Boyfriends and Girlfriends Real Self and Ideal Self ThYear Ahead