



## Forest School

Dear Parent/Carer

This Autumn term Year 1 have the opportunity to go to Forest School. This will take place on site at the school's Forest School area every **Wednesday** starting on Wednesday 8<sup>th</sup> September 2021.

Please read and sign the consent form (a copy of which will be available on the school website should you wish to refer to it at a later date) to show that you agree to your child participating in the outdoor activities during Forest School.

**Please return the Consent Form by Monday 13<sup>th</sup> September.**

All activities are age-appropriate and risk assessments have been carried out for all tasks prior to them taking place. Children are made aware of how to stay safe outside and how to stay safe when involved in different activities. The consent form is to make you aware of any potentially hazardous activities so that you can make an informed choice about your child's involvement.

It is really important that your child has appropriate clothing to wear as we will be outside in ALL weathers, rain included.

### Your child will need:

- warm/waterproof coat
- walking boots, old trainers or wellingtons
- sun hat (if hot)
- water bottle

Please send your child into school every Wednesday dressed in their Forest School clothes.

If there is anything that you are unsure about, or if you have any questions, please come and speak to me.

Thank you,

Mrs E Jeffery





# CONSENT FORM

Child's Name: .....

Year Group: .....

I agree to my child taking part in Outdoor/Forest School activities at regular intervals during the upcoming academic year on site at Phoenix Community Primary School.

I understand that my child will be going outside in **all** weathers and will therefore need to bring their own wellington boots/old trainers and **outdoor weather clothing**. I understand that my child may get muddy, wet and climb trees, so clothes may get torn. I will provide them with **old clothes** to wear.

I understand that my child may have opportunities to work, supervised by an adult, with hand tools, e.g. palm drills, saws, knives, secateurs, gardening tools, etc, and small fires through the course of their Forest School work. We will also use rope swings, hammocks and build dens.

I understand that my child may have a hot/cold drink (hot chocolate/apple/Ribena) during Forest School. We will also do some campfire cooking, e.g. marshmallows, chocolate treats, bread, etc.

- I confirm that the medical information I have supplied to the school is fully up to date and I know of no medical reason why he/she should not participate.

Food allergies or restrictions (e.g. vegetarian) and any drinks/food you would rather they didn't drink/eat

\_\_\_\_\_

- In the event of a minor accident/incident, I agree for first aid to be administered by a qualified First Aider, which could include the use of an antiseptic or appropriate cream, and/or plasters.

### **Insect stings**

As an additional precaution, I am required to ask you in more detail about allergies and insect stings. Please tick one of the following:

- My child has never been stung by a wasp/bee.
  - My child has been stung by a wasp/bee and made a normal recovery
  - My child has been stung by a wasp/bee and had an allergic reaction
- If my child has an allergic reaction I give permission for the qualified First Aider to administer Piriton until additional medical treatment given, if needed.

If there are any of the above activities you do **not** wish your child participating with, please write in the box below:

Declaration: I understand that by signing this consent form, I am agreeing to the activities/statements above (apart from any specified in the box above).

SIGNED .....

DATE .....

NAME. Relation to child .....

