Personal, Social, Health, Economy at Phoenix Community Primary School

<u>Intent</u>

It is our aim at intent at Phoenix Community Primary School when teaching PSHE (Personal, Social, Health and Economic Education) to start where children and young people are: find out what they already know, understand, are able to do and are able to say. As part of PSHE children will be taught RSE (Relationship and Sex Education) following a set scheme of work provided by Jigsaw. Staff have been trained to ensure all staff feel confident and secure to deliver this content.



We will plan a 'spiral programme' which introduces new and more challenging learning, while building on what has gone before, which reflects and meets the personal developmental needs of the children and young people.

We will take a positive approach which does not attempt to induce shock or guilt but focuses on what children and young people can do to keep themselves and others healthy and safe and to lead happy and fulfilling lives.

We will offer a wide variety of teaching and learning styles within PSHE education, with an emphasis on interactive learning and the teacher as facilitator. We will provide information which is realistic and relevant and which reinforces positive social norms. We will encourage young people to reflect on their learning and the progress they have made, and to transfer what they have learned to say and to do from one school subject to another, and from school to their lives in the wider community.

We will recognise that the PSHE education programme is just one part of what a school can do to help a child to develop the knowledge, skills, attitudes and understanding they need to fulfil their potential. We link the PSHE education programme to other whole school approaches, to pastoral support, and provide a setting where the responsible choice becomes the easy choice. We encourage staff, families and the wider community to get involved. We will do this by mapping our provision carefully to ensure coverage is robust. Our PSHE teaching will be supported by assemblies, visitors to school, trips, residential outings, sporting events and whole school experiences

We will embed PSHE education within other efforts to ensure children and young people have positive relationships with adults, feel valued and where those who are most vulnerable are identified and supported.

We will provide opportunities for children and young people to make real decisions about their lives, to take part in activities which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions.

We will provide a safe and supportive learning environment where children and young people can develop the confidence to ask questions, challenge the information they are offered, draw on their own experience, express their views and opinions and put what they have learned into practice in their own lives.

Implementation

PSHE is taught as a discrete lesson but teachers are actively encouraged to thread themes through their topic and English planning.

There are six Puzzles in Jigsaw that are designed to progress in sequence from the start of each academic year:

Term 1: Being Me in My World Term 2: Celebrating Difference (including anti-bullying) Term 3: Dreams and Goals Term 4: Healthy Me Term 5: Relationships Term 6: Changing Me (including Sex Education)

Each Puzzle has six Pieces (lessons) which work towards an 'end product', for example, The School Learning Charter or The Garden of Dreams and Goals.

Each Piece has two Learning Intentions: one is based on specific PSHE learning (purple) and one is based on emotional literacy and social skills development (green). The whole school works on the same Puzzle at the same time, meaning that each Puzzle can be launched with a whole-school assembly and learning can be celebrated by the whole school in a meaningful way.

<u>Impact</u>

Children will recognise and apply the British Values of Democracy; show tolerance and have mutual respect towards all of their peers. They will understand the rules of law and liberty. All pupils will have a healthy outlook towards school life. Know how to have a positive and healthy relationship with peers but now and in the future. For the physical aspect involved in RSE at an appropriate age level. They will have respect for themselves and hold a positive body image. Outcomes in PSHE are evident across the school with the use of the PSHE working walls, through the class' floor books and displays which appear around the school.